



KEYNOTES



Leadership for the Innovation age: What will it take from us to Lead into the 2020's & beyond? We are standing on the edge of so much opportunity and our ability to step up & think differently will ensure that we take care of tomorrow, starting today.



Resilience in times of change: Building resilience is all about taking personal responsibility to build the internal stamina, skills and mindset required to surf the wave of change that is all around us. By proactively investing in resilience skills, we diminish the fear of change and grow in our confidence to thrive amidst the change.



Presence: Living a life of constant distraction robs us of the joy of being in the moment. Understanding what being present is and how to increase your presence in your daily life will increase the value you create for the important people in your life and increase your effectiveness and productivity.

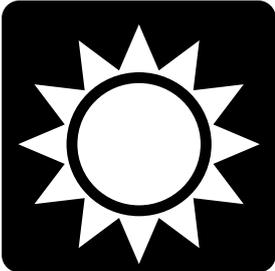
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Step into courage: What holds us back from taking steps of courage is fear. Fear mostly of what others think of us and fear of failure. Learning how to manage both the external voice of others and the internal voice is critical to embracing a life of courage. This interactive keynote helps audience members identify and take steps into courage.



Confidence - Life's enabler: Confidence is the characteristic that distinguishes those who imagine from those who do. It is the stuff that turns thoughts into action. In this interactive keynote Angela helps the audience self-assess & build the tools to grow confidence.



Being your best self: In a candid & vulnerable 45 minute key-note, Angela shares personal stories to illustrate the journey to finding, cultivating and stepping into "your best self". Clearly structured with practical application, this interactive and fun key-note will provoke introspection and action.



Keys to personal leadership: Before you can lead others, we need to lead ourselves well. Angela provokes all audience members to reflect on the 5 keys that unlock personal leadership, the first of which is followership.

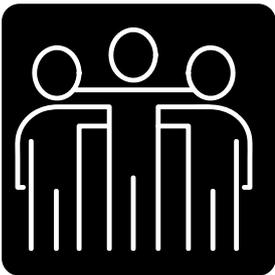


Finishing strong: Ending a year or project? Needing the last bit of energy to cross the line? This keynote reflects on the macro and micro trends, the impact on us and how and what we can do to finish strong.

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Choose your own adventure: Using the key elements of a story: speech, style and substance; as the backbone to this interactive keynote, Angela weaves challenge and accountability into a motivating and reflective keynote.



Exec Presence: Ideal for large audiences who need an energising and straight talking look at how we waste the platform of leadership & what to do to increase our presence and impact as leaders.



Earning Advocacy: Suited to a technical audience who love Star Wars and Lego, this keynote identifies 3 missing pieces of the build that cause frustration. When we find the pieces and put them in place we promote client advocacy & real partnership.

OPTIONS

Keynotes are traditionally one to many, stage presentations. This option is entertaining, inspiring and motivating.

The one-directional key-note is suited to large audiences or limited time.

Keynotes above that are in this format only have black icons.

We have built a unique approach called the interactive keynote.

This approach involves the audience, and is a facilitated & interactive experience.

it delivers inspiration, motivation, entertainment and education.

Suited to audiences of less than 60 people and min 1 hour.

Keynotes in this format have grey icons.